HABC – Level 2 Award in Safe Moving and Handling

Introduction

This qualification is intended as an introduction to moving and handling activities for those starting work, returning to work or who need specific training in manual handling, as well as being a suitable qualification for refresher training.

Learners gaining this qualification will understand that moving and handling must be carried out correctly and will recognise its importance in ensuring a safer working environment.

Learning Outcomes – The learner will

1. Understand the reasons for safe manual handling.

2. Understand how manual handling risk assessments contribute to improving health and safety.

3. Understand the principles, types of equipment and testing requirements associated with manual handling safety.

4. Be able to apply safe manual handling principles.

Duration: 1 Day Course
(Followed by assessment – Multiple Choice Exam)

Assessment Criteria – The learner can

- Outline the potential injuries and ill health associated with incorrect manual handing

- Outline employers and employees duties relating to manual handling at work

- Outline the consequences for non-compliance with health and safety requirements at work.

- Explain the terms 'hazard' and 'risk' in the context of manual handling work.

- Outline the process for carrying out a manual handling risk assessment.

- Describe the principle of the risk control hierarchy when applied to manual handling

- Describe safe movement principles associated with manual handling.

- Outline the types of equipment designed to be used for manual handling tasks

- Outline the requirements for the testing, servicing and examination of manual handling and lifting equipment.

- Demonstrate efficient and safe manual handling principles when:

a) Applying effort to, or moving a load or object manually on their own;

b) When using manual handling aids and equipment;

c) When undertaking a manual handling task as part of a team.

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