DSE Risk Assessments

Introduction

The Health and Safety (Display Screen Equipment) Regulations 1992 require employers to assess both the workstation and the working environment of employees who regularly use computer workstations. The DSE Risk Assessment provides recognition of an individual's ability to undertake a DSE risk assessment in line with the Health and Safety Executive's guidance to the regulations.

Course Objectives

On completion of this course delegates will understand:

- How to carry out DSE assessments in the workplace
- The extent of the ill-health effects from poorly-designed tasks and workstations
- The legal requirements and guidelines relevant to their role as an assessor
- Posture and efficient movement principles, including task, environment and equipment

Course Content

- Reasons for Conducting DSE Risk Assessments
- Main Legislation Relating to DSE Risk Assessment
- Competencies Required of DSE Risk Assessors
- Health Effects Relating to DSE Use
- Main Causes of Ill-Health Relating to DSE Use
- Principles and Benefits of Good Ergonomic Design
- Minimum Requirements for Workstations
- Recording the Findings of a DSE Risk Assessment
- Making Recommendations Based on the Findings
- Reviewing and Revising a DSE Risk Assessment

Duration: One day (Followed by end of course assessment)

Duration: 1 Day Course
Assessment task completed after the course, testing knowledge and understanding of the DSE risk assessment process.

www.oaktree-training.co.uk