

## NEBOSH Health & Safety at Work Award

### Introduction

The NEBOSH Award in Health and Safety at Work has been fully updated with a new look, a new specification and a realignment with the needs of the modern professional.

This course will be especially beneficial to managers, team leaders, supervisors and those that train workers. It can also be a great course for lone workers who will need to identify hazards and evaluate risks in a variety of working environments.

This course makes a great step for anyone who may want to build up their understanding of health and safety prior to taking a NEBOSH National General Certificate in Occupational Health and Safety.

### Course Objectives

Help to implement or maintain health and safety with an understanding of common workplace risks

Understand why health and safety needs to be managed and how this can be done effectively

Perform workplace inspections and evaluate risks

Make recommendations for reducing risk and implementing further control measures

Learn how to investigate incidents and learn from mistakes

### Course Outline

#### HSA1 - Element 1

Why and how you manage health and safety

#### HSA1 - Element 2

Dealing with common workplace hazards

#### HSA1 - Element 3

Stopping incidents and ill-health before they happen

#### HSA1 - Element 4

Learning from incidents

Duration: 3 Day Course

Assessment: This course is assessed with a workplace health and safety review for Unit HSA1.

This will include:

Considering how health and safety is managed, and how it could be done better Identifying health and safety issues, how they are controlled and if the risk can be reduced Selecting the most important issue for improvement This assessment must be carried out at your own workplace, or at a suitable premises if this is not possible.

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