

Emergency First Aid at Work: Basic Life Support

Introduction

This course is ideal for the workplace that present few health and safety risks, where a nominated or emergency first aid at work person is required to take charge in the event of an illness or accident.

Who should attend?

This course is ideal for 'nominated' persons or for people who provide support to qualified first aiders.

What you will learn?

Basic life saving first aid and workplace health and safety regulations.

Course Content

- Health and safety (first aid) regulations
- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- CPR - Resuscitation
- Shock
- Bleeding
- Common workplace injuries.
- RIDDOR 2013

Duration: 1 Day Course

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