

SAFE USE OF LADDERS

Introduction

Falls from height remains a significant cause of serious injury. While changes in legislation require employers to avoid the use of ladders and steps whenever possible there are still occasions when they are required.

Course Objectives

The course will enable delegates to identify situations that may cause injury while using ladders and steps. The course involves practical situations in which ladders and steps will be used, but delegates will not be required to climb ladders during the course

COURSE DURATION: 1 Day Course

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Course Contents

Overview of relevant legislation
Working at height
Ladders – types and uses
Testing and maintenance
Practical demonstrations
Risk assessment for working at height
Company procedures

Legislation

An overview of appropriate health & safety legislation related to working at height and the safe use of ladders
Duty of employer and employees
Ladders types, maintenance and testing

Types of ladders and when to use them
Testing and maintaining ladders
Records
Practical demonstration, scenarios and examples of good practice

Risk assessment in relation to ladder use
Identification and assessment of risks
Identification different types of access equipment
Developing safe systems of work

Who should attend

The course is aimed at all employees involved in the use and maintenance of ladders and steps

