

Working at Heights including Ladder Access Safety

Course Contents

Introduction to Health & Safety at Work Act 1974
Working at Height Regulation 2005
Duties of employer and employee

Safety systems

Assessment of risks
Company procedures
Safe systems of work

Common hazards

Including:
Weather
Fragile materials

PUWER 1998
What are steps & ladders – Types – Components –
Maintenance – fault-finding
Practical setting up/taking down/storage and transportation

Personal Actions post course

Introduction

The course aims to provide basic awareness of the risks while carrying out short duration activities and focuses on the Working at Height Regulation 2005, including introduction to the safe use of steps and ladders at work.

It will introduce the employer and employees duties for the use of work equipment and explain the relevant legislation as well as the responsibilities that these bring.

There will be a detailed explanation of the different working at heights situations in the delegates working environment, types of steps & ladders, their components and maintenance requirements and how to identify faults.

Practical sessions include safe setting up of steps & ladders and considerations to take into account of the working environment. (No climbing will be involved)

This will include the hierarchy of the law and so introduces the responsibilities for risk assessment prior to starting work.

Course Objectives

By the end of the course, delegates will have:-

- an understanding of the current legislation relevant to working at heights and Ladders
- an understanding of the assessment of hazards and risks
- an understanding of safe systems of work
- the safety essentials for the avoidance of the most common types of accident caused by using steps & ladders improperly.

COURSE DURATION: 1 Day Course

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