

## NLP for HR Professionals

### Introduction

This practical course is designed to equip delegates with the skills of training others, be it on a 'one to one' basis, or small group situation. Delegates will explore how other people learn and understand the barriers to learning. They will prepare for training in a logical way, deliver effective training sessions and develop personal confidence.

### Course Objectives

**By the end of the course, delegates will have:**

- **Gained** an insight into yourself and other people
- **Developed** further skills in coaching and facilitation
- **Understood** NLP techniques and how to use them
- **Created** deeper relationships within the business
- **Practiced** influencing using NLP techniques
- **A greater** understanding and knowledge about how people operate so that your interventions as an HR professional are more dynamic and lasting

**Duration:** 2 Day Course

### Course Content

Identify the resources that you need

*Use NLP techniques to give you the resources that you require*

Understand different maps of reality

Learn the Representational systems

Learn what sub modalities are and how to use them

Access your skills as a coach to use within the Business

Learn how to use a timeline to create resources for difficult situations

Experience different perceptual positions and how to use them to gain insight into different situations

Learn about how you make decisions that affect your life and career

Work with other people to gain experience using NLP techniques

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